





## Peer2Peer

## Are you working in the field supporting others?

This group is designed just for you — the helpers, mentors, and advocates who make a difference every day. A safe, confidential space to share experiences, support one another, and build community.

## Weekly Peer Support Circle - Safe Space to Share

- Peer Connection: Share experiences with others who get it.
- Emotional Support: A safe, judgment-free space to decompress and process tough days.
- Skill Building: Learn practical tools for boundaries, communication, and self-care.
- Burnout Prevention: Explore healthy ways to manage stress and maintain balance.
- Professional Growth: Strengthen your confidence and effectiveness in the field.

## Who Should Join

- Peer Support Specialists
- Outreach & Case Managers
- Recovery Coaches
- Mental Health & Substance Use Professionals
- · Anyone working directly with clients in community settings



Every Tuesday
12:30PM EST

Zoom:

https://bit.ly/3YaihQ3

In Person:

PIER Recovery Community Center, 1002 Monmouth St Newport, KY 41071